

NON-FICTION BOOKS

Asian American Dreams: The Emergence of an American People

By Helen Zia

While growing up in New Jersey in the 1950s and '60s, Zia was provided with plenty of American history by her teachers, while her father inundated her with stories of China's past. In *Asian American Dreams*, Zia fills in the gaps, while examining the complex origins of the events she relates.

Chinese Mythology: An Introduction

By Anne M. Birrell

Birrell provides English translations of some 300 representative myth narratives selected from over 100 classical texts.

Growing Up Asian American

By Maria Hong

Stories of childhood, adolescence and coming of age in America, from the 1800's to the 1900's -- by 32 Asian-American writers.

Into the Widening World: International Coming of Age Stories

By John Loughery

A collection of 26 coming-of-age stories that explore universal rites of passage as well as culture-specific complexities of youth from more than 20 countries.

The Rice Room: Growing up Chinese-American from Number Two Son to Rock 'n Roll

By Ben Fong-Torres

As a first-generation Chinese American, Fong-Torres was torn between this alluring American lifestyle and the traditional cultural heritage his immigrant parents struggled fiercely to instill in their five children. The constant struggle between the urge to assimilate into the American mainstream and a strong sense of obligation to his parents and Chinese tradition gives ironic twists to his life.

Teen Angst? Naaah... A Quasi-autobiography

By Ned Vizzini

Nineteen-year-old Vizzini has the advantage of being able to write about his junior-high and high-school years (he was mostly the nerdy, sf-fan type) from close range.

YELL-Oh Girls! Emerging Voices Explore Culture, Identity, and Growing Up Asian American

By Vickie Nam

Coming of age as an Asian-American girl in largely white upstate New York, editor Nam reports that she began to "make sense of the contradictions of being Asian, American, and a girl" through writing, as did many of the young women between 15 and 22 years of age, from all over the country, whose stories, essays, poems and letters all compiled in this anthology.

Yellow

By Frank H. Wu

Starting with his own childhood experiences, Wu talks about the difficulties of being Asian in America, discussing the stereotypes associated with Asian Americans and the reasons why they are often blamed for discrimination.