



Below are links to community resources

If you are in need of immediate help or community resources, call 211.

FeedMore WNY <https://tinyurl.com/2xxba4dx>

Library System website, mental health resources

<https://www.buffalolib.org/subject-guides/health/mental-health>

StepOut Buffalo Guide to Community Kitchens & Pantries: <https://tinyurl.com/y94ykpnm>

WIVB TV Channel 4 - helping the community: <https://tinyurl.com/msuaf36t>

WGRZ TV Channel 2 - helping the community: <https://tinyurl.com/36udezbr>

Grief counseling at the Frank E. Merriweather Jr., Branch Library 12 noon -6 pm daily

<https://www.buffalolib.org/locations-hours/frank-e-merriweather-jr-branch>

Mental Health counseling at Johnnie B. Wiley Center: <https://johnniebwiley.org/>

Free counseling - OLV: <https://www.olvhs.org/hcbs-outpatient-clinic>

ECMC Help Center: <https://tinyurl.com/37hsuss>

NY Project Hope: <https://nyprojecthope.org/>

Crisis Services: <https://crisisservices.org/>

PBS for Parents - [Helping Kids Navigate Scary News Stories](#)

Spectrum Health - [Take a Breath](#) and [Talking to Kids About Tragedy: Where to Start](#)

Questions - call the Library System at 716-858-8900