



**Below are links to community resources**

**If you are in need of immediate help or community resources, call 211.**

**FeedMore WNY** <https://tinyurl.com/2xxba4dx>

**Library System website, mental health resources**

<https://www.buffalolib.org/subject-guides/health/mental-health>

**StepOut Buffalo Guide to Community Kitchens & Pantries:** <https://tinyurl.com/y94ykpnm>

**WIVB TV Channel 4 – helping the community:** <https://tinyurl.com/msuaf36t>

**WGRZ TV Channel 2 – helping the community:** <https://tinyurl.com/36udezbr>

**Grief counseling at the Frank E. Merriweather Jr., Branch Library 12 noon -6 pm daily**

<https://www.buffalolib.org/locations-hours/frank-e-merriweather-jr-branch>

**Mental Health counseling at Johnnie B. Wiley Center:** <https://johnniebwiley.org/>

**Free counseling - OLV:** <https://www.olvhs.org/hcbs-outpatient-clinic>

**ECMC Help Center:** <https://tinyurl.com/37hsusss>

**NY Project Hope:** <https://nyprojecthope.org/>

**Crisis Services:** <https://crisisservices.org/>

**Questions – call the Library System at 716-858-8900**