

ERIE COUNTY SENIOR SERVICES PRESENTS



UNIVERSITY EXPRESS

A lifelong learning program for adults

FUN * FREE * EDUCATIONAL

Join us at
The Eden Library
2901 E. Church Street
Call 716 992-4028 to Register

Thursday, May 7, 2026 @ 2:00 PM Superstitions and Magical Thinking

Most superstitions are examples of basic patterns of thinking, which postulate mystical interconnections and causations in nature. These thinking patterns are based on six different principles and will be explored. These principles are universal, found in all cultures and periods of history, suggesting they represent the fundamental way the brain works.

Thursday, May 14, 2026 @ 2:00 PM Crazy 1960s – Where Were You?

Dive into the chaos and wonder of one of the most monumental eras of our times. We'll discuss four major elements: the music explosion, the Vietnam War, political violence, and the sometimes-bloody civil rights movement.

Thursday, May 21, 2026 @ 2:00 PM Introduction to AI (artificial intelligence)

Learn how artificial intelligence is shaping the world and how it influences everyday life from voice assistants to personalized recommendations. The class introduces key AI concepts in simple, practical terms to help you feel confident using and understanding this evolving technology.

Thursday, May 28 @ 2:00 p.m. Understanding Medicare

What are Parts A, B, C, and D? When do I need to enroll? What will I pay? What is a Medicare Supplement Plan? Learn how the Federal Medicare program works and what insurance options are available to Beneficiaries.