# Bookin' It



#### **End of Year**

Last year at this time, many of us were preparing for the start of a new decade with excitement. Needless to say, there have been many challenges that we have all had to overcome instead, including how we receive our information and reading material. The library has gone through many changes in the last few months to continue to serve our patrons, and the Library on Wheels is no different! Throughout the upcoming changes and uncertainties, we will continue to serve our community in any way we can.

With the New Year right around the corner, the cold weather means there is more time for reading our favorite books and watching our favorite movies!

Speaking of favorite books, November marks National Children's Book Week and we will be celebrating our favorite children's literature. Do you have a book you read as a child that holds a special place in your heart? We would love to hear about it. We will be showcasing some children's books in our collection on our social media and sharing resources for students, parents, and all people who are children at heart. Kids are some of the biggest fans of the Bookmobile. Plus, the downtown Central library has a new children's book exhibit called "*B is for Book*" which traces children's literature through the centuries.

Since technology has become a bigger part of our daily lives, we want to remind our patrons that libraries are still offering technology training, either by phone, email, or virtually with programs. You can call the library, book a technology trainer, or reach out to ASKUS 24/7 email to ask questions about eBook borrowing, computer software, and video calling technology.

We hope you have a happy and healthy winter season and we look forward to seeing you again in the new year!



A newsletter from the Library on Wheels Bookmobile Nov./Dec. 2020

Contact Info Call Us: 716-858-7157 Email Us: bookmobile@buffalolib.org

> Find Us Online! Website: buffalolib.org/ locations-hours/ bookmobile

#### Instagram: @bflobookmobile

#### On the Bookmobile, you can:

- check out books, movies, music, audiobooks.
- use free WiFi.
- use our laptops.
- get a library card or update your account.
- pickup holds and return items – just like at any library!
- have questions answered and be helped with a variety of needs.

# **November Events**

| Sunday | Monday   | Tuesday  | Wednesday  | Thursday | Friday                                       | Saturday   |
|--------|--|--|--|----------|--|--|
| 1      | 2 Stonegate<br>Drop-Off/<br>Pick-Up                      | <b>3</b> 10-11:30<br>Brant Town Hall<br>1:30 - 2<br>Bethel Estates | 4  | 5        | 6  | <b>7</b> 12 pm<br>Crafts from<br>the Past on the<br>Bookmobile website<br>and Facebook |
| 8      | 9<br>Asbury Point<br>Drop Off/<br>Pick-Up                | 10   | 11   | 12       | 13<br>10 - 12<br>Rural<br>Outreach<br>Center | 14   |
| 15     | <b>16</b><br>Blessed Mary<br>Angela Drop Off/<br>Pick-Up | 9-11<br>Union Square<br>Apts.                                      | <b>18</b> 10-11:30<br>Jericho Road<br>(Barton St.)<br>1-2:30<br>Jericho Road<br>(Broadway) | 19       | 20   | 21 12 pm<br>Crafts from<br>the Past on the<br>Bookmobile website<br>and Facebook       |
| 22     | 23<br>1-2:30<br>Ebenezer<br>Square Apts.                 | 24   | 25   | 26       | 27   | 28   |
| 29     | 30   |  |  |          |  |  |

Note: Schedules are subject to change. Please check the library website for an up-to-date calendar.

#### International Games Week Book Recommendation



International Games Week is November 8-14 and focuses on connecting communities through all sorts of games including tabletop, video, and role-playing. To honor the communal spirit of games, we recommend the graphic novel Glitch by Sarah Graley. A young gamer discovers she has the power to enter video games and learns about

the importance of friendship with the help of her virtual and real-life community.

### **Programs** Monthly Display

The Bookmobile's collection might be smaller than most brick-and-mortar libraries but it is full of popular and unique titles! Our staff works to highlight material that corresponds with holidays, national and local events, and other themes. Many of these displays are mirrored in our book and media

recommendations in this newsletter. Next time you visit the Bookmobile, check out our monthly displays and find a new favorite book!



# **December Events**

| Sunday | Monday   | Tuesday  | Wednesday  | Thursday | Friday   | Saturday   |
|--------|--|--|--|----------|--|--|
|        |  | <b>1</b> 10-11:30<br>Brant Town Hall<br>1:30 - 2<br>Bethel Estates | 2  | 3        | 4  | 5 12 pm<br>Crafts from the Past<br>on the Bookmobile<br>website and<br>Facebook  |
| 6      | 7<br>Stonegate<br>Drop-off/<br>Pick-Up             | 8  | 9 9:30-12<br>Explore<br>& More<br>Museum   | 10       | <b>11</b> 10-12<br>Rural<br>Outreach<br>Center | 12   |
| 13     | <b>14</b><br>Asbury Pointe<br>Drop-off/<br>Pick-Up | 9-11<br>Union<br>Square Apts.                                      | <b>16</b> 10-11:30<br>Jericho Road<br>(Barton St.)<br>1-2:30<br>Jericho Road<br>(Broadway) | 17       | 18   | 19 12 pm<br>Crafts from the Past<br>on the Bookmobile<br>website and<br>Facebook |
| 20     | 21 Blessed<br>Mary Angela<br>Drop-off/<br>Pick-Up  | 22   | 23   | 24       | 25   | 26   |
| 27     | 28<br>1-2:30<br>Ebenezer<br>Square Apts.           | 29   | 30   | 31       |  |  |

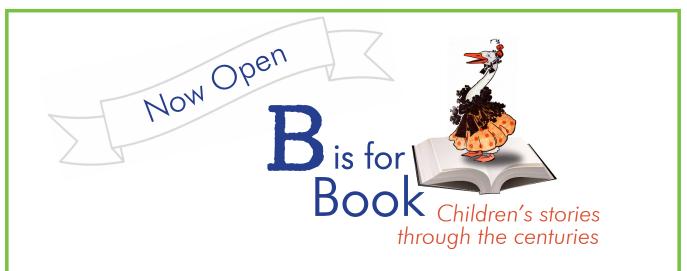
Note: Schedules are subject to change. Please check the library website for an up-to-date calendar.

# Library Services - Interlibrary Loan

Looking for a book or movie our library does not have? You can use Interlibrary Loan to borrow items not owned by The Buffalo and Erie County Library. With Interlibrary Loan (ILL), you can request books, audiobooks, music CDs, DVDs, individual articles, and book chapters. To begin using ILL, create a free account at https://www.buffalolib.org/services/ interlibrary-loan or call 716-858-7126.



# Check It Out



# New exhibit - free and open to the public

### Collections Gallery Downtown Central Library, 1 Lafayette Square, Buffalo

"Who in the world am I?" - Alice's Adventures in Wonderland

From fables, fairytales, ABC and lesson books, to picture books, modern readers and beloved stories, children's literature has evolved over the centuries to provide delight and learning for countless children.





The exhibit features early works including alphabet and instructional books, magazines and Mother Goose editions, as well as fairy tales and Dr. Seuss classics! See nearly four centuries of book publishing, writing and illustrating for children.

Call 716-858-8900 for more details.

Face coverings must be worn by those over the age of 2 and social distancing must be maintained in the Library.

B is for Book is made possible by Dr. Grant S. Golden & Ms. Deborah A. Goldman, Greyline Outdoor Advertising, Harmac Medical Products, Donald MacDavid Trust, Raymond M. Melancon Annuity Fund, The Weissman Family Foundation, Rand Capital Corporation, Western New York Family Magazine and The Wisbaum Family.



(716) 858-8900 www.BuffaloLib.org



### Past Bookmobile Events



#### Penn Dixie

The Bookmobile attended Penn Dixie Day on Saturday, October 3. Celebrating 25 years and free to Hamburg residents, this event invited visitors to take a tour of the Penn Dixie park and dig up their very own fossils. The Bookmobile was parked at the event for visitors to check out material -- some of it also related to dinosaurs and fossils. Although the event was ticketed and smaller than last year, the program was a success, and we saw many visitors excited to dig into fossils and reading.

#### **ABOS Conference**

In October, Bookmobile librarian Julia attended the Association of Bookmobile and Outreach Services Virtual Conference for four days of workshops, networking, and presentations. Meeting up and talking to other Bookmobile organizations from around the country helps us come up with new, creative ideas that we can implement in our own community. These discussions range from outreach strategies, and social media tips, to creative alternatives for bookmobiles during the pandemic. We are excited to take our new knowledge and apply it to our Library on Wheels.





#### Library Card Sign Up Months

September and October were Library Card Sign-Up Months, and we are happy to welcome all new card users to their public library! New youth card applicants were also able to pick out a free book to take home and enjoy. The library expanded our digital e-library card applications to allow youth and student cards as we continue to support students and families with digital resources for the school year.

## How I Stay Resilient

# **RESILIENCY TIP:**

Make note of what you have in your "Coping Toolkit".



First, take a look through our 'Helpful Ways of Coping' and 'Not So Helpful Ways of Coping' lists.



Next, use our journal prompt to make note of what Helpful Coping strategies work best for you, and which Not So Helpful Ways of Coping mechanisms you need to avoid.

# Helpful Ways of Coping:

**Getting enough sleep Taking breaks** 16 Eating a healthy diet Allowing yourself to receive as well as give **Connecting with others** 10 Moderating TV exposure Deep breathing or mindfulness Coping skills phone apps Watching your favorite movie Exercising Taking care of pets & plants Using spiritual resources Balancing work, play, and rest **Gratitude practice** Listening to music and podcasts Reading 15 a ()





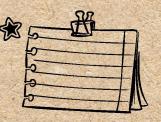


Office of Mental Health

# **RESILIENCY TIP:**

Take note of the positive moments in EVERY day.

Writing down these details can help you to build a resilient mindset for when tough moments arise.



# JOURNAL IT ...



What surprised me in a GOOD way today?

What was the most beautiful thing I saw today?

What made me laugh today?

What new thing did I try or learn today?



Office of Mental Health

# Not So Helpful Ways of Coping:

Not getting enough rest or sleep Overworking 1 13 

**Problematic gambling** Substance use **Isolating from others** Watching too much television Being overly controlling to try and regain sense of control Consuming high amounts of upsetting news Spending too much time with activities and people that can be "emotionally tiring" Avoiding Spending too much money



The best coping strategies for me that are helpful are:

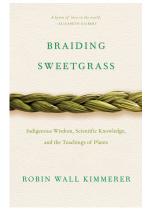
I need to avoid the following not so helpful ways of coping:



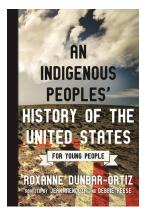
Office of Mental Health

# Native American Heritage Month Recommendations

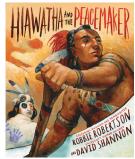
November is Native American Heritage Month, which recognizes the contributions of the first peoples in North America. We would also like to recognize that the land of Buffalo is on the original homeland of the Wenrohronon and Haudenosaunee nations. We recognize the complicated and painful history of this territory and honor and respect the many diverse Indigenous peoples still connected to this land today.



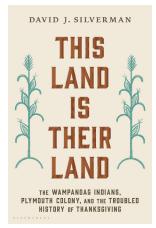
Braiding Sweetgrass by Robin Wall Kimmerer



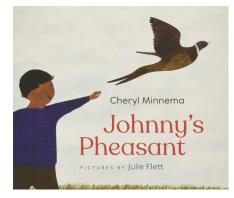
An Indigenous Peoples' History of the United States for Young People by Jean Mendoza & Debbie Reese



*Hiawatha and the Peacemaker* by Robbie Robertson, illustrated by David Shannon



This Land is Their Land by David J. Silverman



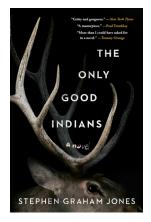
Johnny's Pheasant by Cheryl Minnema



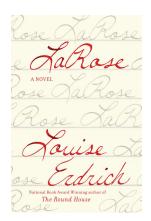
**Encyclopedia of American Indian History & Culture** by Cynthia O'Brien



*Race to the Sun* by Rebecca Roanhorse



**The Only Good Indians** by Stephen Graham Jones



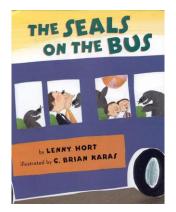
*LaRose* by Louise Erdrich

# **Children's Book Week Recommendations**

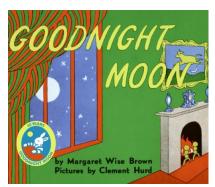
Children's Book Week is November 9-15, and we always look forward to highlighting our children's book collection! You can learn more about the diverse array of picture and chapter books on the Bookmobile through our online catalog and check out some



*Sulwe* by Lupita Nyong'o, illustrated by Vashti Harrison

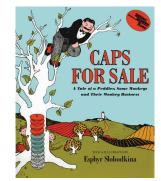


**The Seals on the Bus** by Lenny Hort, illustrated by g. Brian Karas

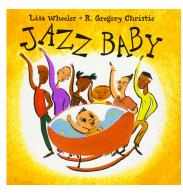


Goodnight Moon by Margaret Wise Brown, illustrated by Clement Hurd Featured in the B is for Book exhibit at the Central Library

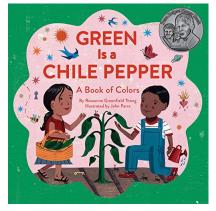
of our favorites here.



**Caps for Sale** by Esphyr Slobodkina



*Jazz Baby* by Lisa Wheeler, illustrated by R. Gregory Christie



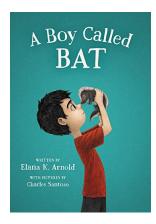
**Green is a Chile Pepper: A Book of Colors** by Roseanne Thong, illustrated by John Parra



**The Lightning Thief: Illustrated Edition** by Rick Riordan, illustrated by John Rocco



**The Best at It** by Maulik Pancholy



**A Boy Called Bat** by Elana K. Arnold

### **Community Art Show**



We would love to show your own original work! Have you been painting or writing in quarantine? Sharpening your photography skills? However you've been expressing yourself creatively, we'd like to see it.

Send a scan or photos of your work to bookmobile@buffalolib.org or mail us at: Buffalo & Erie County Public Library Bookmobile Department 1 Lafayette Square Buffalo, NY 14203

# **Kindness Day**

November 13 is World Kindness Day and allows us to reflect on the importance of warmth and caring actions that we show to others. Everyday we see heartwarming stories of neighbors helping neighbors, kids helping grandparents, and strangers helping strangers. Be Kind:



You Can Make the World a Happier Place is a wonderful book to come up with ideas to show more kindness everyday from sending letters to learning to say hello in different languages.



### **Puzzle Page**

# Winter Word Search

**Instructions**: Try to find all of the hidden Winter words in the word search puzzle below. (Words can be spelled forwards, backwards, diagonally, up, or down.)



| Word List |         |          |  |  |  |  |  |
|-----------|---------|----------|--|--|--|--|--|
| COCOA     | HOCKEY  | SLEET    |  |  |  |  |  |
| FREEZING  | ICICLES | SLIDE    |  |  |  |  |  |
| FROZEN    | IGLOO   | SNOWBALL |  |  |  |  |  |
| GLOVES    | MITTENS | TOBOGGAN |  |  |  |  |  |

