

Yoga for Kids

Led by @yogawithchristinamarie

Monday, May 11th

6pm

Ages 5-12

Registration required!

Call 716-674-2928

or stop by the library to register!



In this 50-minute kids yoga class with mindful movement, calming breathwork, and a gentle reflective activity woven into a playful springtime story.

Individuals in need of an accommodation for a program may contact the ADA Coordinator at access@buffalolib.org within 7 days of the program.

West Seneca Public Library
1300 Union Road
West Seneca, NY 14224

